



**Chapter Meeting, Plainsboro
March 26, 2017**



Our Spring meeting was held at the University Medical Center of Princeton at Plainsboro. Twenty-six people including five board members were present. Unfortunately, Dr. Patricia Graham, our scheduled speaker for the topic “Integrative Medicine Approaches for AN Patients,” was unable to attend because of sudden illness. The meeting went forward nevertheless and developed successfully into an open and lively discussion about past and recent patient experiences with acoustic neuroma. We wish to extend our sincere thanks to staff of the Princeton Center for their special assistance in preparation for this meeting.

To summarize briefly: One Wait-and-Watch patient reported (a first for us) on how his 1.4 - 1.6cm tumor was discovered ‘incidentally’ ten years ago. Two patients spoke about having retrosigmoid surgery: one has been confronted with continuing post-op headaches; the second (a 2-3.5cm cystic tumor) lost hearing and had brief balance problems. A patient with a 2.4cm tumor decided to have Gamma Knife radiosurgery. A patient with a small 1.4-1.8cm AN decided on Wait-and-Watch; whereas another patient with a small 1.4cm tumor decided on surgery because of acute symptoms. A patient with a rare case of bilateral ANs, who has kept us up-to-date on his Wait-and-Watch status, reported that he has been in touch with Jefferson Medical College in Philadelphia about possible hyperfractionated radiation treatment (multiple low dose sessions) for tumor growth control. There were questions about remediation for tinnitus (see the Newsletter for Sept 2014 for active support groups in New Jersey) and CROS hearing aids (Widex, Phonak) for single-sided deafness (see the Newsletter for March 2013). Jane Huck is currently asking for information about hearing aid use by ANers for inclusion in the next issue of our Directory.